



SADDLE UP SHAWTY

(aka Hip Hop Twist)

Type 4 murs, 48 temps
Chorégraphe Guyton Mundy
Musique Saddle Up Shawty – Mikel Knight – 174 BPM
Niveau Intermédiaire
Source <http://funk-n-line.com>

KICK, STEP; KICK, HOOK; STEP; HOLD (ADD HANDS), HITCH; WALK BACK & TOUCH; LEFT HIP BUMPS X 2

1&2& Low kick R fwd, step on R, Low kick L fwd, Hook L over R knee,
3&4 Step L slightly fwd (3) Hold on (&) Shift weight back to R and hitch L up (4)
[Hands: L arm out to low left side with R fist at inside of L elbow (3), R arm out to low right side with L fist at inside of R elbow (&), Leaving L arm across body, bend R arm up vertically over R shoulder on same count as L leg hitch(4)]
5 & 6 Walk back L, walk back R, Touch L out to left side
7, 8 Bump L hip up and to the left twice (12:00)

STEP TO L SIDE; QUARTER-TURN SAILOR; HALF-TURN SAILOR; R SHUFFLE FWD; STEP FWD L

1, Step L to left side
2&3 Step R behind L, turn ¼ to left stepping fwd on L, step R to right side
4&5 Step L behind R turning ¼ to left, Step R to right side turning ¼ to left, Step L fwd
6&7 Step R fwd, Step L next to R, Step R fwd
8 Step fwd on L (3:00)

STEP R FWD, HALF-TURN HIP ROLL; HALF-TURN SAILOR; STEP R FWD, HALF-TURN HIP ROLL; L COASTER STEP

1, 2 Step R fwd, Roll hips around in counter-clockwise ½ turn (weight stays on R)
3&4 Step L behind R turning ¼ to left, Step R to right side turning ¼ to left, Step L fwd
5, 6 Step R fwd, Roll hips around in counter-clockwise ½ turn (weight stays on R)
7&8 Step L back, Step R back next to L, Step L fwd (9:00)

FUNKY SKATES FWD X 2; CROSS, BACK, ¼ TURN; ¼ TURN; ½ TURN; L SHUFFLE FWD

1, 2 Big step up and out with R to right side, Big step up and out with L to left side
3&4 Cross step R over L; Step back on L; Step R to right side turning ¼ to right
5, 6 Turn ¼ to right stepping L to left side; Half Hinge turn to the back over R shoulder stepping R to right side
7&8 Step L fwd, Step R next to L, Step L fwd (9:00) ****Restart here on wall 6**

RIGHT OUT, OUT, IN, IN, SCUFF, HITCH, STEP; LEFT OUT, OUT, IN, IN, SCUFF, HITCH, STEP

1&2& Step R out to right side, Step L out to left side, Step R in to center, Step L in to center
3&4 Scuff R, Hitch R, Step on R next to L
5&6& Step L out to left side, Step R out to right side, Step L in to center, Step R in to center
7&8 Scuff L, Hitch L, Step on L next to L (9:00)

STEP SIDE RIGHT; SPLIT HEELS; SMALL HIP ROLLS; CHASSE TO LEFT; QUARTER-TURN PADDLES X 2

1&2 Step R out to right side; with weight on balls of feet, split heels out and back to center (Knees go in)
3, 4 Roll hips in small counter-clockwise circle; repeat (weight stays on R)
5&6 Step L to left side; Step R next to L; Step L to left side
7, 8 Keeping weight on L for both counts, paddle ¼ to left touching R foot to right side; paddle ¼ to left touching R foot to right side (3:00)

****Restart: After 32 counts of Wall 6 you will be facing the original starting wall. Restart the dance from the beginning after the Left Shuffle forward (count 32).**

RECOMMENCEZ AU DEBUT, AMUSEZ VOUS, SOURIEZ !

Chorégraphie utilisée dans le cadre de nos manifestations du club PWD.
Se reporter impérativement à la feuille de danse originale du chorégraphe qui seule fait foi.

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